

SUMMER 2010 REGISTRATION FORM

SKATE FASTER HOCKEY CAMP

Aug 16th - 20th, 2010

Please Circle

Orleans Sportsplex OR Ray Friel Complex

With Lunch No Lunch
\$445 + gst \$395 + gst

Mail cheque to: SKATE FASTER
376 Amiens St, Orleans, K1E 1P2

POWER SKATING /CONDITIONING Ray Friel Recreation Complex

Please Circle

Aug 16th- 20th **AND/OR** Aug 23rd-27th

Cost \$175.00 + gst per week

NAME OF PARTICIPANT:

MALE _____ FEMALE _____

Address _____

City _____ Postal Code _____

GUARDIAN _____

HOME PHONE _____

Work: _____ Cell _____

EMAIL: _____

DOB: _____ Age: _____ Height _____

Weight _____ JERSEY SIZE _____

LAST LEVEL PLAYED _____

MEDICAL CONCERNS / ALLERGIES

IN CASE OF EMERGENCY: Name and #

Skate Faster Camps Testimonies

Megan will definitely be at your camp in the summer!!! All she talks about is your camp these days!!!! I also have several other players interested. Please keep up the great work. THANKS AGAIN FOR MY DAUGHTER'S EXCELLENT EXPERIENCE AND SEE YOU IN THE SUMMER Don Fournier

Thanks a bunch to you and all your team. Cory absolutely loved the camp and can't wait to go back. We will no doubt be visiting the store to help with these adjustments. Also I am anxious to register Cory for the camp the week of July 23rd to the 27th and possibly another week

Superbe semaine!

Merci pour cette belle opportunité ! Mon garçon Mathieu a vraiment aimé le camp, car il a pu améliorer ses techniques de gardien de but !!!

Merci et à bientôt !

Marie-Josée Chénier

Hi Mike

I just wanted to let you know how pleased we were with 2 of your programs that we enrolled our son Bryan in this year. First, he was in your Wed night program in May and June, and then he was in the power skating last week. We definitely saw Bryan improve his skills from these 2 sessions. We will recommend your programs to others. Thank you

Sincerely, Kathie Jones (mother of Bryan Jones)

I wanted to take some time to extend a great big Thank You to all the staff at skate faster. I have registered my boys for numerous camps, and yours has so far proven to be the best. After an entire summer of Skate faster sessions, Darius and Leander actually miss coming out to your camps and miss the high intensity and personal touch.

Keep up your excellent work guys and best of luck!

Best regards,

GEORGE STAMATAKOS

Skate Faster

Skate Faster hockey camps have been designed to be challenging, informative and fun for participants of all skill levels. Skate Faster has a summer hockey camp and two weeks of power skating for boys and girls elite and house league levels. Players will constantly be challenged to perform drills at top speeds thus raising their own skill level. Our expertly trained instructors will work closely on players weaknesses as well as their strengths to improve their overall play. Participants will be developing new skills, confidence with stick handling and puck control and much more.

Sponsors

◆ Final Pass Pro Shop

1585 Tenth Line Road, Orleans,
ON, K1E 3E8 613-824-6649

Kevin provides Skate Faster participants with T-shirts, Jerseys, 1 free skate sharpening (during camp only) and their own personalized water bottle. Kevin also provides prizes for the draws.

Player Profile Analysis

◆ The Mix Steakhouse & Bar

Located at 1675 Tenth Line Road,
Orleans, ON. 613-830-4777.

Keith and his staff provide all paid participants with a hot buffet style meal. Three gift certificates for the most improved participants during the weekly camp are also donated.

◆ Boston Pizza located at 3884 Innes Road, Ottawa, ON K1C 1T1 613-590-0881

Boston Pizza provides all participants with a Boston Rising Star Report along with three gift certificates for the hardest workers.

August 2010

**SKATE FASTER
SUMMER HOCKEY CAMP
&
POWER SKATING/CONDITIONING**



SUMMER HOCKEY CAMPS

Elite (Competitive) Hockey Camp
Orleans Sportsplex
August 16th to 20th

OR

Skills & Development Hockey Camp
Ray Friel Recreation Complex
August 16th to 20th

POWER SKATING / CONDITIONING

All Levels

Ray Friel Recreation Complex

August 16th to 20th
AND / OR
August 23rd to 27th

Phone: 613-482-2096

Website: WWW.SKATEFASTER.CA

E-mail: camp@skatefaster.ca

Book early as programs sold out in 2009

SKATE FASTER

Mike Morel Biography

Mike started coaching and running hockey camps in 1983. Mike with his three boys run the Ottawa 67's Power skating program. Mike is a player, coach mentor for the Cumberland Grads minor hockey club and enjoys working with kids. It is always a huge reward for him to see the ones that he coached and instructed throughout the years that still enjoy playing the game and the ones that have excelled in the ranks of the NHL, the AHL and College ranks. His main goal is for all participants to have fun while learning the game we all love to play. SKATE FASTER instructors will bring the same passion and commitment to the teaching and leading by example to all participants.

Instructors Biographies

Kevin Morel

Skate Faster O.T.I.S. Director

Coaching experience:

- Intermediate Power Skating
 - Intermediate Skills and Development
- Kevin has played Minor hockey at all levels plus two years Junior C.

Corey Morel

Skate Faster On-Ice Technical Director

Coaching experience:

- Intermediate Power Skating
 - Intermediate Skills and Development
- Corey has played 18 years of Minor hockey. Corey was invited to the Vancouver Giants training camp and was also drafted for the Pittsburgh League.

Joey Morel

Skate Faster Off-Ice Technical Director

Coaching experience:

- Intermediate Power Skating
 - Intermediate Skills and Development
- Joey has been playing Minor hockey for 17 years at all levels.

SKATE FASTER PROGRAMS

NOTE: You may register on line
www.skatefaster.ca

HOCKEY CAMPS

August 16th to August 20th

Skills & Development Camp
RAY FRIEL RECREATION COMPLEX
Or

Elite (Competitive) Camp
ORLEANS SPORTSPLEX

Cost: \$395.00 +gst
With Lunch \$445.00+gst
10% discount for additional family
members on camp fee only

TWO WEEKS OF POWER SKATING /
CONDITIONING

NOVICE TO MIDGET

Aug 16th- 20th **AND/OR** Aug 23rd-27th

Cost \$175.00 + gst per Week

Power Skating is not only for straight line acceleration, but for all skating skill areas including: backward skating, tight glide turns, forward and backward crossovers etc. These are just a few areas the Skate Faster program will focus on so the end result of our Power Skating lessons means a complete skater in all areas.

PLEASE NOTE: This is not a learn to skate program

[First week option August 16th to 20th](#)

Novice / Atom 5:30pm to 6:30pm

Peewee to Midget 6:30pm to 7:30pm

[Second week option August 23rd to 27th](#)

Novice / Atom 7:30pm to 8:20pm

Peewee To Midget 8:30pm to 9:20pm

SKATE FASTER HOCKEY CAMP

DAILY ACTIVITIES

7:30 – 0800 ARRIVAL

HOCKEY SESSION 1

Introduction to KARATE

CLASSROOM (Video & on-ice instruction)

LUNCH

HOCKEY SESSION 2

OFF-ICE TRAINING

Lacrosse On and Off ice

Games: Soccer, Football & Basketball

4:30 to 5:30 HOME

- ◆ Participant schedule times will be emailed upon registration.

For more details on our Elite (competitive) program please see the website www.skatefaster.ca


1. **Participants for 8:00 ice session must be at the facility no later than 7:30.**
2. **Pickup is between 4:30-5:30 depending on the time of your child's last ice time.**
3. **Participants must bring the following: running shoes, gym shorts, extra socks, hat, sun screen, CSA approved hockey equipment (preferably two sticks) spending money for snacks & a GOOD ATTITUDE.**

SKATE FASTER IS NOT RESPONSIBLE FOR LOST OR STOLEN ARTICLES

WHAT YOU CAN EXPECT FROM SKATE FASTER HOCKEY CAMPS

- Skate Faster provides some bilingual instructors
- At least 1 instructor per 7 students with a minimum of 3 hours on ice instruction (exception 2 hours for initiation program)
- Lunch, supplied by Skate Faster (with lunch payment)
- Each participant can expect a program solely based on helping them achieve their goal of playing better hockey
- Guest speakers/Players
- On-ice / Field Lacrosse games
- Classroom instruction with question periods, videos and game situations
- Off-ice training and activities
- Introduction to karate with Ray Deschamps School
- Skate Faster T-shirt/Jersey & Personalized Water Bottle
- 1 Free Skate sharpening during camp sponsored by Final Pass
- Boston Pizza Rising Star Report
- Gift Certificate for Hardest Worker
- Gift Certificate for Most Improved Player
- Gift Certificate for Best Attitude
- All participants are insured

Deposit of \$75 per family can be paid by:

Cheque, Visa, Master Card, Cash, Debit, Pay Pal
You can    phone and pay by Credit Card

Cheques may be post dated to August 1st

No Refunds after August 1st
Credit applied to future programs