



Skate Faster's Skills &



Development

**Novice/Atom/Peewee/Bantam
Wednesday from 4:30pm to 5:30pm**

To register call: (613) 482-2096 or Email: programs@skatefaster.ca
Website: <http://www.skatefaster.ca>

Program : January 7th to March 9th = 10 Sessions

Cost for program \$200.00 GST INCLUDED

Participants will constantly be challenged to perform drills at top speeds thus raising their own skill level. Our expertly trained instructors will work closely on players weakness as well as their strengths to improve their overall play.

Location of Program: Ray Friel Recreation Complex

SKATE FASTER SKILLS & DEVELOPMENT APPLICATION FORM

NAME OF PARTICIPANT: _____ GENDER: ___ MALE ___ FEMALE

ADDRESS: _____

City: _____ Pro: _____ PC: _____

NAME OF GUARDIAN OR PARENT: _____

CONTACT NUMBER(S): _____

EMAIL ADDRESS: _____

EMERGENCY CONTACT: _____

PARTICIPANT INFO:

AGE: _____

HEIGHT: _____

WEIGHT: _____

POSITION: _____

MEDICAL CONCERNS:

ALLERGIES: _____

OTHER NOTES:

**Participants must have CSA Approved hockey equipment.
Bring this form and payment to Ray Friel Recreation Complex to sign up!**